



## Development of Volley Ball Achievements in Pacitan Regency

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### **Abstract**

This study aims to determine: 1) the existence of volleyball organizations in Pacitan Regency, 2) volleyball human resources in Pacitan Regency, 3) the availability of volleyball sports facilities and infrastructure in Pacitan Regency, 4) volleyball sports funding in Pacitan Regency, 5) development of volleyball sports achievements in Pacitan Regency. The method used in this research is a basic interpretive study. Data collection techniques was conducted through interviews, observations, and documentation of respondents in Pacitan Regency. Data analysis used descriptive qualitative analysis. The results showed that: 1) PBVSI Pacitan Regency has formed an organization and its management manages it well, 2) Human Resources trainers already have a coach license and athletes follow a training program in a disciplined manner according to existing regulations, 3) facilities and infrastructure are still lacking and below standard, 4) Pacitan Regency PBVSI funding is still lacking, the source of funds is only from Pacitan Regency Government grants, 5) The coaching training program twice a week consists of physical, mental, and technical exercises.

**Keywords:** *Volleyball; Organization; Human Resources; Facilities and Infrastructure; Funding, Coaching; Training*

### **Introduction**

The development of the world of sports is currently experiencing a rapid increase, especially in the field of sports coaching. The development of sports depends on the development of the sport itself, both at the community, regional, national and even international levels. Therefore, sports coaching is very important in advancing and improving sports performance. The role of achievement development must be optimally programmed to carry out coaching according to the program set out in the athlete's achievement coaching system.

National sports development in Indonesia is carried out through various channels: 1) schools (elementary schools to colleges), 2) parents sports organizations, 3) professional sports organizations, 4)

organizations that exist in society [1]. Sports coaching requires forums and organizations that can foster athletes to become credible athletes. In addition, there are facilities and infrastructure that support the implementation of volleyball athlete development. Another important point is that the funding source is a major factor in achieving organizational goals. Efforts to develop achievement cannot be separated from the intervention of the coach. A coach can fully master the knowledge of coaching in accordance with the sports he trains, including volleyball. The current pattern of coaching volleyball sports achievements is extracurricular and is carried out through interest and talent activities carried out by volleyball clubs [2]. Volleyball game is a team game, this game emphasizes teamwork and compactness in a team [3]. The Indonesian Volleyball Association (PBVSI) as the volleyball government organization in Indonesia, in order to advance achievement, organizes competitions and matches at the junior or senior level, as well as selecting outstanding players through local organizations and educational institutions. Educational institutions that capture and develop gifted students are called educational centers and student training centers.

Based on the results of observations, Pacitan Regency is one of an area that has an organization as a coach for outstanding athletes. Several championships obtained by Pacitan Regency for several years have increased. In addition to the championships won, PBVSI Pacitan only won the championship in the men's junior team. For the women's junior and senior teams, their achievements have decreased, of course, the cause must be sought. The lack of support from the government in terms of coaching and providing sports infrastructure is often an obstacle in increasing sports achievement. Facilities and infrastructure will be adequate if they are efficient in quality and in terms of quantity enough to meet needs [4]. The quality of volleyball sports achievements can be achieved by conducting early coaching [5]. There are several aspects that must be considered in the development of volleyball achievements in Pacitan Regency, such as the organization, human resources, infrastructure, and funding.

An organization is a place where a group of people systematically work together to achieve certain goals using available resources. In addition, the organization can also be regarded as a vehicle to achieve goals. The leaders of organization have great influence in solving athlete problems and improving both programs and services to meet athlete needs and careers. Regions that have quality human resources play an important role in the development of sports. Human resources also allocate and manages all other resources. However, in the condition of abundant resources without the support of high-quality human resources, sports cannot develop rapidly. Talent interest may already exist in Pacitan Regency and has great potential for the future, but the quality is not yet known.

The availability of infrastructure also influences the training process to be more effective and efficient. Adequate infrastructure, both in quantity and quality, affects the sports coaching program. Another factor that affects the success of coaching, funding, is an important source that must be managed properly to achieve the goal.

## **Methods**

This study uses a basic interpretive study method. Basic interpretive studies can be interpreted as problem solving procedures that are conducted to understand a particular phenomenon, process, or point of view from the perspectives involved [6]. Basic interpretive studies use interview, observation, documentation data collection techniques, and can take from various theoretical orientations. For the data analysis, the author used descriptive qualitative analysis which consists of three components, namely data reduction, data presentation and conclusions.

## **Results**

This research specifically studies the organization, human resources, infrastructure, funding, and achievement development. Based on the data analysis in the field, the following is the description of the development of volleyball sports achievements in Pacitan Regency.

### **1. Organization**

Based on the interview results with PBVSI administrators in Pacitan Regency, in the selection of administrators, the focuses were on two administrators, namely referees and coaches. Over the course of time, organizations and management have been formed consisting of the general chairman, daily chairman, secretary, treasurer, trainers, infrastructure and general affairs. The way to recruit administrators is to gather community leaders who understand volleyball such as sports teachers and sports graduates who have a desire to develop volleyball in Pacitan Regency. The collected managers are then positioned according to their respective fields. Managers who have their respective duties and work together to promote volleyball in Pacitan Regency.

### **2. Human Resources**

#### **2.1 Coach**

Based on the results of interviews with coaches, it is prioritized to the recruit coaches for volleyball athletes from Pacitan Regency and sports graduates who are still active in volleyball. PBVSI Pacitan trainers already have a trainer license both at the provincial and national levels. Pacitan Regency volleyball coaches are voluntary, unpaid and not for profit. The coaches must dedicate what they have to develop volleyball in Pacitan Regency.

#### **2.2 Athlete**

Based on the results of interviews about PBVSI Pacitan athletes, the recruitment of athletes was previously conducted through PORSENI of Elementary School. From these activities, children who seemed to have potential in the field of volleyball were sought, then recruited and invited to train with PBVSI Pacitan. Another recruitment process is through a championship carried out by Pacitan Regency regularly, precisely at SMK Negeri 2 Pacitan. During the activity, PBVSI Pacitan attended to monitor the candidates of athletes in Pacitan Regency. In addition, they also seek information through the Elementary Physical Education Teachers MGMP, where there are children whose body postures meet the requirements. Then, PBVSI visits the school to have their height measured.

However, due to geographical conditions and location, these activities cannot take place. PBVSI Pacitan targets athletes at the youth and junior levels, so that the recruitment of athletes is based on the results of PORSENI at the elementary level, as well as the championship at the junior high level. There are special criteria in recruitment for female volleyball athletes with a minimum height of 160 cm, but there are difficulties in finding athletes with these criteria. Volleyball athletes are disciplined to follow the schedule and training program determined by the administrators and coaches.

### **3. Facilities and infrastructure**

Based on the results of interviews at PBVSI Pacitan Regency, it was obtained that PBVSI Pacitan's facilities and infrastructure are still lacking, especially in volleyball which is still below standard. Several facilities have also been damaged. Facilities mean something that can be used as a tool in achieving goals and objectives, especially to achieve maximum performance. Meanwhile, sports infrastructures are tools that are directly used to support the sports process, especially practicing, training and organizing matches [7]. One of the sports that requires an indoor playing area is volleyball [8]. Then for the field, the local government provided free facilities at the Pacitan Sports Center. The provision of free field infrastructure for practice affects the inappropriateness of the training schedule, because when

doing the exercises there are other activities that are simultaneously carried out at the Pacitan Gymnasium.

Sport that emphasizes physical readiness is not enough, but needs to be supported by infrastructure and facilities that must be carried out properly [9]. The available infrastructure facilities are used for other sports activities. So many of the facilities and infrastructure that were built were damaged because they were not used properly. Standards for using volleyball infrastructure facilities are: a. 2 athletes use 1 ball. b. 1 court + net are used for 6 athletes [10]. Based on the results of observations made by researchers, the antenna rod in the sport branch of Malang City is not available. National and international volleyball competitions require an antenna to be installed on the side of the net [11]. The use of this antenna is for the outer boundary of the ball bounce. If it bounces outside the antenna, it is declared out. An antenna is installed on the outside of each side band.

The lack of human resources who handle the management of volleyball sports facilities and infrastructure has made an inventory of infrastructure facilities unable to be carried out properly [12]. Sports facilities and infrastructure must be utilized and managed for the benefit of the process of training, practicing, and competing. The number of volleyball facilities, namely volleyball, net poles, volleyball nets are available and sufficient for practice

#### 4. Funding

Based on the results of interviews with the treasurer of PBVSI Pacitan Regency, the support or source of funds is only obtained from the Pacitan Regency Government grants. The lack of funding sources also affects the development of volleyball achievements in Pacitan Regency. Limited budget funds are also a problem because management requires a budget that is used to repair infrastructure facilities, repair damaged ones, or maintain existing infrastructure facilities so that they can continue to be used.

#### 5. Development

Based on the results of interviews, PBVSI Pacitan Regency has developed a physical and technical exercise program which is carried out 2 times a week, on Wednesdays and Fridays. The mental training program is provided by increasing the time for friendly practice with clubs in the Pacitan Regency area. It helps to increase the mental confidence of athletes in competing. Based on the results of the exercise, the coach always evaluates the abilities of both the strengths and weaknesses of the athletes during training so that they can be improved again.

### ***Conclusion***

Based on the results of research on the development of volleyball sports achievements in Pacitan Regency, in terms of organization, there have already been managers, namely the general chairman, daily chairman, secretary, treasurer, coach, infrastructure and general affairs. Management has been carried out well, according to their respective fields. The recruitment of PBVSI coaches in Pacitan Regency is carried out by administrators with certain criteria at least having a license as a volleyball coach. For volleyball athletes, they have followed the training program according to the schedule determined by the administrator and coach. Infrastructure facilities can be said to be lacking, because many of those have been damaged and are below standard and the indoor volleyball court at the GOR gets free facilities. The achievement coaching training programs that have been going well are mental and technical training. Funding to support the development of volleyball sports achievements is still lacking because it is only obtained from a grant from the Pacitan Regency Government.

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